



City of Waterbury

# “Knowledge is Power” ADVISORY # 113



## Early Sexual Activity

### The Data:

25% of Waterbury 9th graders report having sexual intercourse one or more times.

14% of Waterbury females, in grades 6 & 9, report having sexual intercourse one or more times.

17% of Waterbury youth with 0-10 Developmental Assets report having sexual intercourse three or more times in their lifetime.

3% of Waterbury youth with 31-40 Developmental Assets report having sexual intercourse three or more times in their lifetime.

### Just 10 More

To help Waterbury youth develop Just 10 More Developmental Assets, you can:

- Talk to young people about their beliefs and convictions. Really listen to what they have to say.
- Model integrity in your daily life. Talk openly with your children about what you believe and value, and then act on what you say.
- Talk about what integrity means to your family. Affirm and support your children when they make choices that show integrity-even if they aren't choices you would make.
- Share with young people times when you were tempted to ignore your values and beliefs, and talk about what you did to not give in to temptation.

#### Waterbury Prevention Policy Board

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**Integrity: Kids act on their convictions and stand up for their beliefs.**

**Did you know 66% of Waterbury young people act on their convictions and stand up for their beliefs?**