



City of Waterbury

# “Knowledge is Power” ADVISORY # 112



## Overcomes Adversity

### The Data:

70% of Waterbury 9th graders report that they do not give up when things get difficult.

64% of Waterbury girls, in grades 6 & 9, report that they do not give up when things get difficult.

58% of Waterbury youth with 0-10 Developmental Assets report that they do not give up with things get difficult.

80% of Waterbury youth with 31-40 Developmental Assets report that they do not give up when things get difficult.

### Just 10 More

To help Waterbury youth develop Just 10 More Developmental Assets, you can:

- Talk to the young people in your family. Check in with them about what is going on in their lives.
- Be available whenever and wherever your kids want to talk. And when your kids talk, really listen.
- Accept the fact that you won't agree on everything, and never label a child's opinions, beliefs, feelings, or experiences as “silly,” “stupid,” “childish,” or “wrong.”
- Talk with your children about how to overcome a difficult situation. Help your child brainstorm steps or actions he/she can take to make the situation better.

#### Waterbury Prevention Policy Board

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**Positive Family Communication: Kids turn to their parents for advice and support. They have in-depth conversations with each other on a variety of topics. Parents are approachable and available when kids want to talk.**

**Did you know 31% of Waterbury young people report that they and their parents communicate positively and they are willing to seek parent advice and counsel?**