



City of Waterbury

# “Knowledge is Power” ADVISORY # 121

## Inhalants



### The Data:

**6% of Waterbury 9th graders report having sniffed or inhaled substances to get high once or more in the last 12 months.**

**8% of Waterbury 6th graders report having sniffed or inhaled substances to get high once or more in the last 12 months.**

**16% of Waterbury youth, with 0-10 Developmental Assets, sniffed or inhaled substances once or more in the last 12 months.**

**0% of Waterbury youth, with 31-40 Developmental Assets, sniffed or inhaled substances once or more in the last 12 months.**

### You Can:

- **Talk to children about the negative effects that drugs can have on their body and mind.**
- **Help kids find fun things to do in out of school time so they do not turn to drugs or alcohol.**
- **Encourage young people to express their feelings and opinions.**
- **Look for opportunities to talk about the importance or resisting risky situations.**

#### Waterbury Prevention Policy Board

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**Resistance Skills: Young person can resist negative peer pressure and dangerous situations.**

**Did you know 43% of Waterbury youth report they can resist negative peer pressure and dangerous situations?**