



City of Waterbury

“Knowledge is Power” ADVISORY # 119

Helping Others



The Data:

77% of Waterbury 9th graders report having helped friends or neighbors one or more hours per week.

79% of Waterbury 6th graders report having helped friends or neighbors one or more hours per week.

55% of Waterbury youth , with 0-10 Developmental Assets, helped friends or neighbors one or more hours per week.

97% of Waterbury youth, with 31-40 Developmental Assets, helped friends or neighbors one or more hours per week.

You Can:

- **When a teen has a conflict with a friend, offer to role-play some possible responses to help them think through next steps.**
- **When you see a young person demonstrating one of these skills, let them know you admire how they handled the situation.**

Waterbury Prevention Policy Board

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Interpersonal Competence: Young has empathy, sensitivity and friendship skills.

Did you know 45% of Waterbury young people report having empathy, sensitivity, and friendship making skills?